



Winter

THE BEAR INN



Sunday

“What could be more important than a little something to eat?”

Winnie the Pooh (A. A Milne)

FOR THE TABLE

MISTOLIVA OLIVES 4.5
v/vg/gf/df

GARLIC & ROSEMARY FOCACCIA 4

*Homemade at The Bear.
Served with olive oil* v/vg/df

CHARGRILLED PADRON PEPPERS 4.5
Smoked sea salt v/vg/gf/df

SMALLS

SALT & PEPPER CALAMARI 9
Crispy squid rings, aioli, lemon

CHICKEN LIVER PARFAIT 9
Red onion marmalade, sourdough toast gfo

COD CHOWDER 12.5
Pan fried cod fillet, mussels, potato, greens, pickled cucumber, toasted focaccia

CHARGRILLED AUBERGINE MEZE 6.5
Hummus, pomegranate, toasted focaccia v/vg/df

SUNDAY ROASTS

SUSSEX TOPSIDE OF BEEF 22
Duck fat roast potatoes, braised red cabbage, glazed carrots, tenderstem broccoli, beef jus, horseradish

SLOW COOKED PORK BELLY 20
Duck fat roast potatoes, braised red cabbage, glazed carrots, tenderstem broccoli, beef jus, apple sauce

ROAST BREAST & LEG OF TURKEY 22
sage & onion stuffing, pigs in blanket, roast potatoes, seasonal vegetables, gravy gf

ROASTED SWEET POTATO, PEPPER & SPINACH WELLINGTON 19
Roast potatoes, braised red cabbage, glazed carrots, tenderstem broccoli, gravy v/vg/df

MAINS

HARVEYS BEER BATTERED COD 17.5
House chips, mushy peas, tartare sauce, lemon

THE BEAR BEEF BURGER 17
Two 4oz patties, toasted brioche bun, crisp lettuce, tomatoes, gherkins, burger sauce, house chips
Add bacon £1. Add cheese £1

ROASTED BUTTERNUT SQUASH & SAGE RISOTTO 16.5
Pine nuts, parmesan v/vg

SIDES

HOUSE CHIPS 4
v/vg/gf/df

TENDERSTEM BROCCOLI 5
sautéed chilli v/vg/gf/df

GARDEN SALAD 4
Crisp lettuce, lemon dressing, parmesan v/vgo/gf

AFTERS

RHUBARB & APPLE CRUMBLE 9
Vanilla custard v

CLASSIC CHRISTMAS PUDDING 9
Brandy butter sauce

BAILEYS AFFOGATO 7
Vanilla ice cream, honeycomb v

VEGAN CHOCOLATE BROWNIE 9
Vanilla ice cream v/vg

STICKY TOFFEE PUDDING 9
Butterscotch sauce, caramel ice cream v

PLEASE LET US KNOW OF ANY ALLERGIES OR DIETARY REQUIREMENTS

(v) vegetarian (vg) vegan (vgo) vg option (gf) gluten free (gfo) gf option (df) dairy free (dfo) df option (nuts) contains nuts
'Option' = this dish can be adapted. Please ask for details

Tables of 10+ will be subject to a 12% service charge