



Winter

# THE BEAR INN



*"What could be more important than a little something to eat?"*

Winnie the Pooh (A. A Milne)

## FOR THE TABLE

- MISTOLIVA OLIVES** v/vg/gf/df 4.5
- GARLIC & ROSEMARY FOCACCIA** 4  
*Homemade at The Bear.  
Served with olive oil v/vg/df*
- CHARGRILLED PADRON PEPPERS** 4.5  
*Smoked sea salt v/vg/gf/df*

## SMALLS

- SALT & PEPPER CALAMARI** 9  
*Crispy squid rings, aioli, lemon*
- CHICKEN LIVER PARFAIT** 9  
*Red onion marmalade, sourdough toast gfo*
- CHARGRILLED AUBERGINE MEZE** 6.5  
*Hummus, pomegranate,  
toasted focaccia v/vg*

## MAINS



*Our fresh fish is locally caught on the South coast fishing boats, and delivered to us daily*



- COD CHOWDER** Small 12.5 Main 22  
*Pan fried cod fillet, mussels, potato,  
greens, pickled cucumber, toasted focaccia*
- HARVEYS BEER BATTERED COD** 17.5  
*House chips, mushy peas,  
tartare sauce, lemon*

- FLAT IRON STEAK (10oz)** 26  
*Confit cherry tomatoes, broccoli, house chips,  
peppercorn sauce gfo*
- CHICKEN, HAM & LEEK PIE** 18  
*Seasonal greens, creamy mash, red wine gravy*
- ROAST BREAST & LEG OF TURKEY** 22  
*Sage & onion stuffing, pigs in blanket, roast  
potatoes, seasonal vegetables, gravy gf*
- HONEY ROASTED HAM** 16  
*Fried hen's egg, house chips, peas gf*
- THE BEAR BEEF BURGER** 17  
*Two 4oz patties, toasted brioche bun, crisp lettuce,  
tomatoes, gherkins, burger sauce, house chips gfo  
Add bacon £1. Add cheese £1*
- WILD VENISON COTTAGE PIE** 19  
*Topped with blue cheese mash.  
Tenderstem broccoli*
- ROASTED BUTTERNUT SQUASH & SAGE RISOTTO** 16.5  
*Pine nuts, parmesan v/vgo/nuts*

### SANDWICH OF THE DAY

*Toasted ciabatta, with house chips.  
Please ask your server for our daily  
sandwich filling & price gfo*

## SIDES

- GARDEN SALAD** 4  
*Crisp lettuce, lemon dressing,  
parmesan v/vgo/gf*
- HOUSE CHIPS** v/vg/gf/df 4
- CHEESY CHIPS** v/gf 5
- TENDERSTEM BROCCOLI** 5  
*Sautéed chilli v/vg/gf*

## AFTERS

- RHUBARB & APPLE CRUMBLE** 9  
*Vanilla custard v*
- BAILEYS AFFOGATO** 7  
*Vanilla ice cream, honeycomb v*
- STICKY TOFFEE PUDDING** 9  
*Butterscotch sauce,  
caramel ice cream v*
- CLASSIC CHRISTMAS PUDDING** 9  
*Brandy butter sauce*
- VEGAN CHOCOLATE BROWNIE** 9  
*Vanilla ice cream v/vg*

PLEASE LET US KNOW OF ANY ALLERGIES OR DIETARY REQUIREMENTS

(v) vegetarian (vg) vegan (vgo) vg option (gf) gluten free (gfo) gf option (df) dairy free (dfo) df option (nuts) contains nuts  
'Option' = this dish can be adapted. Please ask for details

Tables of 10+ will be subject to a 12% service charge